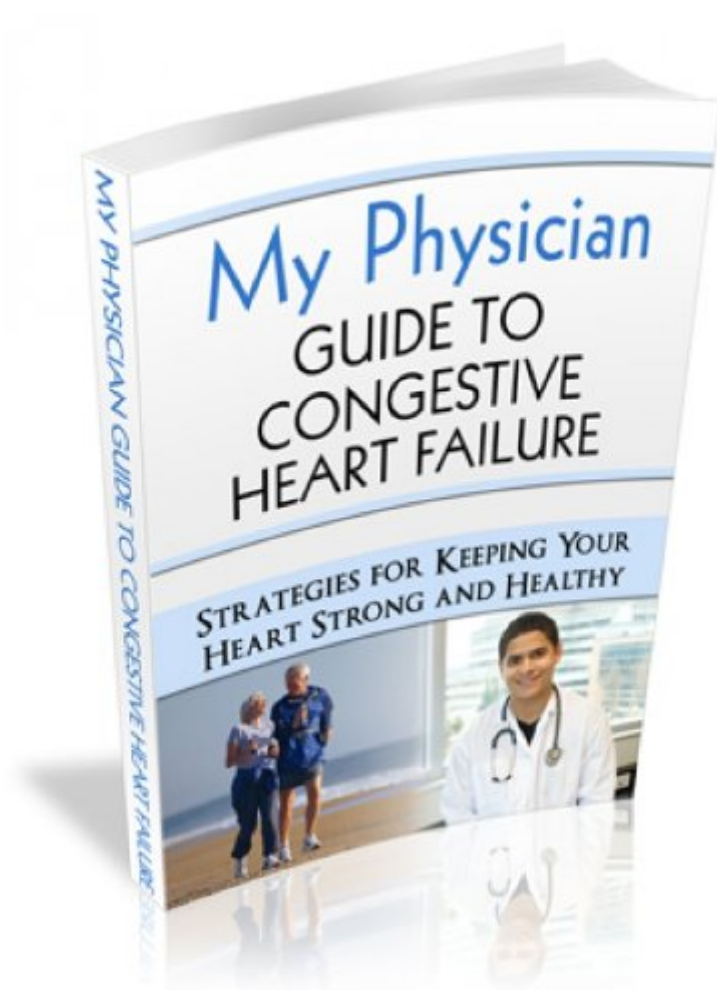


The book was found

My Physician Guide To Congestive Heart Failure: Heart Strong And Healthy



Synopsis

A Physician Approved Guide detailing how to: Understand Congestive Heart Failure-A brief overview of the physiology of the heart-Understand how heart failure occurs-What it means to be diagnosed with stage A, B, C or D heart failure-A symptom checklist to help you recognize heart failure-Know the difference between a heart attack and heart failure-Tips to find the right physician and cardiologist for you-Learn about insurance options if you've been diagnosed-The role of pulmonary hypertension and how you can decrease symptoms Treatment Options-Alternative treatments that help improve circulation and strengthen the heart-Surgical and mechanical alternatives to transplant which are less invasive-The truth behind common heart health treatments-How lowering this one mineral could drastically better your chances of recovery-Learn how heart centers assess eligibility for a heart transplant-Understand all of the risks of getting a heart transplant-Side effects of conventional heart drugs and common drugs you should avoid-Exercises to strengthen the heart muscles and improve circulation Prevention Strategies and Support-Links to support groups and forums for people going through the same pain as you-Help with addressing the difficult issues: talking with your loved ones-Lifestyle changes to consider if you are at risk-Heart failure at a young age: dealing with the added emotional and physical troubles-How the mind is linked to the body and why positive thinking can improve your condition-Which prescription medications work best to prevent future complications-Activities you may need to avoid if you've been diagnosed with heart failure

Book Information

File Size: 257 KB

Print Length: 25 pages

Simultaneous Device Usage: Unlimited

Publisher: R & J Publishing (October 20, 2010)

Publication Date: October 20, 2010

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00486UE1C

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #756,935 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #29

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments >

Reference #98 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments >

Reference #351 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Reference

Customer Reviews

http://www..com/gp/product/B00486UE1C/ref=cm_cr_rev_prod_imgThe number of people with congestive heart failure grows at an incredible rate, as the baby boomers get to the age to have it. But most of us don't even know what to ask our doctor, and we're afraid we won't be able to get enough time with her to ask the questions if we did know them. This book provides not only the questions but also a lot of answers. First, no, heart failure is not the same thing as a heart attack, though it may stem from or proceed to one. Second, you are highly unlikely to die from it in five minutes and twenty-seven seconds; in fact, as research continues, the death rate from congestive heart failure has plummeted. Why do you have it? This book might help you track down the cause or causes. Second, what is your future likely to be like? Probably it will be much better than you expect. Third, there is probably no reason why you shouldn't exercise within reason, but if there is a reason why you shouldn't, you'll learn it here. I found this an extremely helpful book, and I think you will too, if you or a loved one has been diagnosed with congestive heart failure.

[Download to continue reading...](#)

My Physician Guide to Congestive Heart Failure: Heart Strong and Healthy Congestive Heart Failure and Cardiac Transplantation: Clinical, Pathology, Imaging and Molecular Profiles The No-Salt, Lowest-Sodium Cookbook: Hundreds of Favorite Recipes Created to Combat Congestive Heart Failure and Dangerous Hypertension Reversal of Terminal Congestive Heart Failure By EDTA Chelation Therapy Low Calorie & Fat: Healthy Breakfast Recipes! Discover New Healthy Breakfast Ideas. Healthy Muffin Recipes, Healthy Smoothies, Healthy Egg Recipes and ... Only! (Low Calorie & Fat Recipes Book 1) How To "Ace" The Physician Assistant School Interview: From the author of the best-selling book, The Ultimate Guide to Getting Into Physician Assistant School 2016 ICD-10-CM Physician Professional Edition, 1e (Ama Physician Icd-10-Cm (Spiral)) 2017 ICD-10-CM Physician Professional Edition, 1e (Ama Physician Icd-10-Cm (Spiral)) 2018 ICD-10-CM Physician Professional Edition, 1e (Ama Physician Icd-10-Cm (Spiral)) So, You Want to Be a Physician: Getting an Edge in the Pursuit of Becoming a Physician or Other Medical Professional Mudras for a

Strong Heart: 21 Simple Hand Gestures for Preventing, Curing & Reversing Heart Disease: [A Holistic Approach to Preventing & Curing Heart Disease] (Mudra Healing Book 8) The Harvard Medical School Guide to Tai Chi: 12 Weeks to a Healthy Body, Strong Heart, and Sharp Mind (Harvard Health Publications) Strong Women, Strong Bones: Everything You Need to Know to Prevent, Treat, and Beat Osteoporosis, Updated Edition Strong Women, Strong Bones: Everything You Need to Know About Preventing and Treating Osteoporosis Strong Women, Strong Bones: Everything you Need to Know to Prevent, Treat, and Beat Osteoporosis Strong's Greek Dictionary of the Bible (with beautiful Greek, transliteration, and superior navigation) (Strong's Dictionary Book 1) 400 STRONG VERBS FOR ROMANCE AND EROTICA WRITERS (Strong Verbs for Writers Book 1) Tombyards & Butterflies: A Montague and Strong Detective Novel (Montague & Strong Case Files Book 2) Start Strong, Finish Strong: Prescriptions for a Lifetime of Great Health Start Strong, Finish Strong

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)